

Ridgefield Action Committee for the Environment

Need some ideas for 2023 Resolutions?
Here are some environmental resolutions for you to consider.

Happy New Year !!

Home Energy Use	✓
Arrange for an Eversource Home Energy Audit	
Insulate walls at R 19 or better and attic at R 30 or better	
Install LED lights in all fixtures	
Install new double paned windows or better	
Install solar panels for electrical production	
Install Heat pumps for heating and cooling	
Replace old appliances (water heater, clothes dryer) with heat pump technology.	

Transportation	✓
Walk or bike to work, school, or shopping	
Carpool to work, school or shopping	
Use a plug-in hybrid for transportation	
Use a zero-emission vehicle for transportation (e.g. all electric)	

Waste	✓
Recycle more paper, glass, cardboard, and metal food & beverage containers	
Use Ridgefield's recycling center for textiles, mattresses, & plastic film	
Use Ridgefield's recycling center for electronics and paint waste	
Compost food scraps at home, use the Ridgefield Recycling Center Food Scrap Drop Off, or use a pick-up service for your food scraps	
Properly dispose of Hazardous Waste at collection events	
Properly dispose of pharmaceuticals at collection stations (Ridgefield Police Station)	

Yard and Garden	✓
Stop using fertilizers or herbicides on yard and garden	
Use electric or battery-operated lawn equipment	
Plant native species and remove invasive plants	
Plant a pollinator pathway	

Consumer Power & Advocacy	✓
Minimize purchases of single use plastics (e.g., straws, bags, packaging)	
Look for sustainability purchase labels when making a purchase	
Purchase products made with recycled content	
Donate clothing no longer needed and shop at clothing resellers	
Become a Vegetarian or Vegan Household	
Invest in companies that provide environmentally friendly products and practices.	
Join a local, State, National or International Environmental Advocacy Organization	
Subscribe to digital publications – like the Ridgefield Press	