



Announcing two Pride Community **SUPPORT GROUPS** serving the CT and NY communities. The first is intended to serve those who identify as part of the LGBTQ+ community themselves. The second group is for allies of the LGBTQ+ community including those who desire to learn how to be more informed allies and **friends and families of members of our LGBTQ+ community**.

Both groups will follow the models set forth in other such support groups regarding confidentiality (what is said in group, stays in group) and are free of charge.

\*\*\*see exception

Our next meeting is **Monday, February 3rd**, from **7-8 pm**, location to be disclosed upon inquiry. There will be two groups run in separate rooms, at the same location and each will have qualified and knowledgeable facilitators.

For more information & **location** contact Alisa at [supportgroup@ridgefieldctpride.com](mailto:supportgroup@ridgefieldctpride.com) or call 203-918-0455.

In general, the groups will meet on the **1st Monday of the month**.

January 6  
**February 3**  
March 2  
April 6  
May 4  
June 1

\*\*\*if it is deemed by the facilitator that a member of the group is in danger of hurting themselves or others, this information can not be held in confidence.