Ridgefield Prevention Council  
March 9, 2016  
Minutes

Mission: The Ridgefield Prevention Council supports a safe and healthy environment for all of Ridgefield’s families through awareness, education and positive alternatives to alcohol and other substance use and to reduce high-risk youth behaviors.

Attendees: Karen Facini, Kirsten Salley, Tim Hastings, Paul Lukaszewski, Alan Eskenazi, Tracey O’Connor, Laura Cleary, Kathy Halsey  
Guests: Helaine and Harold Fischer

- **Welcome and Call to Order**  
  - Meeting Minutes from February 10, 2016 approved  
  - Treasurer’s Update – Karen Facini

- **Guest Presentation**  
  - Helaine and Harold Fischer – “Out of the Crate” workshops  
    - Not for profit, local wellness company  
    - “Exchange” workshop models that can be scaled for size, groups, ages  
    - Niche to use animals (ROAR) as part of workshops  
    - Consider partnership and mutual support

- **Project Initiatives**  
  - Lilo Brancato – March 23, 2016 at Playhouse  
    - RPC members at Playhouse around 6:30 to set up and man brochure table, questions, donations...  
    - Kirsten to design 1 page flyer with information about RPC initiatives  
    - Carolyn to bring collateral and premiums  
  - Drug Take Back Day – April 30 th  
  - RVNA – April 9  
    - Laura Cleary helping to organize

- **Other Initiatives**  
  - Website  
    - Donation mechanism will be through ‘ClickandPledge” in line with other town groups under the “Friends of Ridgefield” not for profit status  
    - Website is good to go live (add donation mechanism as soon as it is done)  
  - Laura has volunteered to help keep coordinated “library” of collateral materials (so that she can disseminate it to other groups as well)
Grant Committee (Paul, Karen, Kirsten, Margaret) to meet
- Narcan training for professionals
  - Laura organizing with Silver Hill Hospital
- Laura to look into possibility of having a session in Ridgefield hosted by police similar to Newtown panel that will be on 3/23
- Mock Car Crash
  - Look into options and feasibility of bringing it to RHS in fall 2016 – Karen to contact Captain Kreitz, Laura to reach out to MADD, Margaret to talk to other groups, all members can research options for planning and execution
- “The Cares Group” (Donna DeLuca) is coming to Ridgefield (will use facilities at Insight Counseling)
  - May have her as guest presenter at our April 13 Meeting
  - Invite First Selectman and Superintendent
- HVCASA to provide lawn signs for Drug Take Back Day
- Post Grad Party donation
- RHS scholarship – Margaret coordinating with RHS

**Old/New Business**
- Meeting time moving to 6:30 PM starting with April meeting
- HVCASA self assessment – all members to fill out form sent by Karen Facini

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