Special thanks to local artist, Paul Siegel, for the use of his beautiful artwork on our cover. Prints are available at Deborah Ann’s Sweet Shoppe.

Last Updated 5/15/23
Dear Ridgefield Senior Citizens,

We have prepared this directory as an information resource for you.

There is no doubt about it, the Town of Ridgefield and several local non profit organizations provide a rich array of offerings tailored to make these the best years of your life!

Enjoy this directory, and don’t be a stranger. Engage with others and make social connections a priority. You will find welcoming faces throughout our warm and inclusive community. If you need support, reach out to the resources listed. You will find many a helping hand standing by to assist you confidentially and respectfully.

This directory will be updated regularly. The latest version will be date-stamped and available on the Town website. If you see an error or omission, let us know. We will update it promptly.

With great respect and friendship,

The Ridgefield Commission on Aging  203-431-2700

Peter Bancel  Andrea Beebe  Steve Connor  Maureen Culhane
Carmen Martin  George Noyes  Clem Saleeby  Joseph Ternullo

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RIDGEFIELD “SENIOR CENTRAL”

Ridgefield senior citizens enjoy a plethora of programs and services. Those listed below deliver services, community-wide, daily. In most cases, one or more of these will be your initial point of inquiry for health, safety, and community activity matters:

**Emergency Response Team**
- Ridgefield Police and Fire Departments  **Phone: 911**
- Police- Non-Emergency Phone: 203-438-6531
- Fire- Non-Emergency Phone: 203-431-2724

**Department of Social Services**  Located at Town Hall
- Karen Gaudian-  *Municipal Agent for the Elderly*
  Phone: 203-431-2754  Email: [municipalagent@ridgefieldct.org](mailto:municipalagent@ridgefieldct.org)
- Tony Phillips-  *Social Services Director & Municipal Veterans Rep*
  Phone: 203-431-2777  Email: [socialservices@ridgefieldct.org](mailto:socialservices@ridgefieldct.org)

Provides free and confidential support that enables people to find the local resources they need, including crisis intervention and non-crisis assistance information and referral services for state and federal entitlement programs

**Founders Hall**  193 Danbury Road
- Phone: 203-431-7000  Website: [founders-hall.org](http://founders-hall.org)
- Hours: M-F 8:30AM to 4:30PM
  Provides a diverse program of social, educational and physical fitness programs for seniors 60 and older

**Meals on Wheels of Ridgefield**
- Phone: 203-438-8788  Website: [mealsonwheelsofridgefield.org](http://mealsonwheelsofridgefield.org)
  Provides nourishing meals to those needing assistance

**Parks and Recreation**  195 Danbury Road
- Phone: 203-431-2755  Website: [ridgefieldparksandrec.org](http://ridgefieldparksandrec.org)
- Hours: M-F 6AM-10PM, Sat 6AM-6PM, Sun 7AM-6PM
  Provides a wide range of high quality wellness and recreation programs, community service and park facilities
RIDGFIELD “SENIOR CENTRAL” (continued)

**Ridgefield Library** 472 Main Street  
Phone: 203-438-2282  Website: [ridgefieldlibrary.org](http://ridgefieldlibrary.org)  
Hours: M-Th 10AM-8PM  F 10AM-6PM  Sat 9AM-5PM  Sun 1PM-5PM  
Provides a large and varied collection or resources, diverse programming and welcoming space

**RVNAhealth (Ridgefield Visiting Nurse Association)** 27 Governor St.  
Phone: 203-438-5555  Website: [rvnahealth.org](http://rvnahealth.org)  
Provides healthcare services and special programs, including:
- **Home Health** - Skilled nurses and rehabilitation (PT, OT, speech) therapists  
- **Community Health** - Vaccines, chronic care management, screenings and education  
- **Rehabilitation & Wellness Center** - Outpatient rehabilitation and therapy programs  
- **Parkinson’s Center** - Support, therapy, socialization, exercise, and wellness programs  
- **Palliative & Hospice Care** - Tailored care plans respecting patients’ goals and desires  
- **Private Duty Nursing** - Private nurses for non-covered medical services  
- **Personal Caregiving Services** - For short or long-term durations and hygiene visits

**Transportation Services**  
Provides free transportation to Ridgefield residents who are 65 years or older and to those with mobility disabilities

- **Rides for Ridgefield**  
  Phone: 203-894-RIDE (7433)  Website: [Rides4Ridgefield.org](http://Rides4Ridgefield.org)  
  Call Monday- Friday, 10:00 am – 2:00 PM and leave a message  
  Transportation provider alliance that schedules rides for appointments. Advanced reservations required.

- **SweetHART**  
  Phone: 203-744-4070  Website: [HARTransit.com](http://HARTransit.com)  
  Provides transportation within the community (advanced reservations and application form required)

- **Town Bus Loop**  
  Phone: 203-970-2505  Driver: Deborah  
  Website: [ridgefieldct.org/community/pages/town-bus-loop](http://ridgefieldct.org/community/pages/town-bus-loop)  
  Picks up riders at various Ridgefield locations  
  Tuesday- Shopping in Danbury  
  Wednesday- Shopping, Library, Founders Hall in Ridgefield
SAFETY & HEALTH

Ridgefield Alerts
Website: member.everbridge.net/565703027458109/login
Sign up to receive critical information about emergencies and other important town information

Ridgefield Police Special Population Program
Phone: 203-438-6531  Website: ridgefieldct.org/police-department
Supply first responders with critical information to be used during an emergency  Information form

“ARE YOU OK?”
Phone: 203-438-6777
Program sponsored and supported by the Ridgefield Women’s Club and the Ridgefield Firefighters’ Association offering a free service of daily telephone calls to check on safety of individuals over the age of 60 and to residents living alone who are homebound or medically disabled

Lifeline Medical Alert Service
Phone: 203-438-5555  Website: rvnahealth.org
Worn as a wristband or pendant, and featuring push button calling or auto-fall detection to summon help when you need it, day or night.

PhysicianOne Urgent Care  10 South Street, Suite 101
Phone: 203-431-4600  Website: physicianoneurgentcare.com
Hours: M-F 8AM -8PM  Sat & Sun 9AM-5PM

PHARMACIES

<table>
<thead>
<tr>
<th>Pharmacy</th>
<th>Address</th>
<th>Phone</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bissell</td>
<td>23 Governor St.</td>
<td>203-438-6433</td>
<td>bissellpharmacy.com</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Offers delivery service</td>
</tr>
<tr>
<td>CVS</td>
<td>467 Main St.</td>
<td>203-431-8888</td>
<td>cvs.com</td>
</tr>
<tr>
<td></td>
<td>720 Branchville Rd.</td>
<td>203-544-7094</td>
<td></td>
</tr>
<tr>
<td>Rite Aid</td>
<td>125 Danbury Rd.</td>
<td>203-438-7378</td>
<td>riteaid.com</td>
</tr>
<tr>
<td>Walgreens</td>
<td>46A Danbury Rd.</td>
<td>203-894-8744</td>
<td>walgreens.com</td>
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</table>
### KEY DATES AND PHONE NUMBERS

<table>
<thead>
<tr>
<th>Date Range</th>
<th>Description</th>
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</thead>
<tbody>
<tr>
<td>1/1 - 4/1</td>
<td>Elderly Tax Exemption (Age based)</td>
</tr>
<tr>
<td>1/1 - 5/15</td>
<td>Senior Tax Deferral (Age/disability/income based)</td>
</tr>
<tr>
<td>2/1, 5/1, 8/1, 11/1</td>
<td>Quarterly Real Estate Tax Payments Due</td>
</tr>
<tr>
<td>2/1 - 4/15</td>
<td>AARP Free Tax Preparation Program at Ridgefield Library</td>
</tr>
<tr>
<td></td>
<td>Call Jon Elkow 203-438-4288 for appointment</td>
</tr>
<tr>
<td>3/1, 9/1</td>
<td>Sewer Tax Payments Due</td>
</tr>
<tr>
<td>4/1 - 10/1</td>
<td>CT Renter Rebate (Age/disability/Income based)</td>
</tr>
<tr>
<td>Month of June</td>
<td>Dog License Renewals</td>
</tr>
<tr>
<td>7/1</td>
<td>Motor Vehicle Tax Payments Due</td>
</tr>
<tr>
<td>9/1 - 5/31</td>
<td>CEAP Energy Assistance Program</td>
</tr>
<tr>
<td>10/15 - 12/7</td>
<td>Medicare Open Enrollment CHOICES Counseling</td>
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<table>
<thead>
<tr>
<th>Role</th>
<th>Phone Number</th>
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</thead>
<tbody>
<tr>
<td>First Selectman</td>
<td>203-431-2774</td>
</tr>
<tr>
<td>Housing Authority</td>
<td>203-438-9845</td>
</tr>
<tr>
<td>Mobile Food Pantry</td>
<td>203-431-2754</td>
</tr>
<tr>
<td>Tax Assessor</td>
<td>203-431-2706</td>
</tr>
<tr>
<td>Tax Collector</td>
<td>203-431-2779</td>
</tr>
<tr>
<td>Town Clerk</td>
<td>203-431-2783</td>
</tr>
<tr>
<td>Town Hall</td>
<td>203-431-2700</td>
</tr>
<tr>
<td>Veterans Affairs</td>
<td>203-797-4620</td>
</tr>
</tbody>
</table>
SENIOR DISCOUNTS

Ridgefield Senior Gold Card Program
Phone: 203-431-2700  Website: ridgefielddevelopment.com
For residents 65 years and older, register at Town Hall to receive your Gold Card and Benefits Booklet offering local discounts.

Ridgefield Hunting and Fishing Licenses
Phone: 203-431-2700  Website: ridgefieldct.org
For residents 65 years and older, apply at Town Hall to receive free lifetime fishing and hunting licenses.

American National Parks & Federal Recreation Lands Pass
Phone: 888-275-8747, press 3  Website: nps.gov/planyourvisit/senior-pass
A lifetime pass ($80) for US citizens age 62 or over

Charter Oak Pass
Phone: 860-424-3200  Website: portal.ct.gov/DEEP/State-Parks
Provides free access to CT State Parks and Recreation System to CT residents 65 or older

Lifetime Learners Institute  Norwalk Community College
Phone: 203-857-3330  Website: lifetimelearners.org
The State of CT offers tuition waivers to all CT citizens at least 62 years old at any state college, on a space-available basis.

Western Connecticut State University  181 White Street, Danbury
Phone: 203-837-9000  Website: wcsu.edu
Tuition waived for seniors age 62 and older, provided space is available
SUPPORT GROUPS

Alcoholics Anonymous  CT District #9
Phone: 203-778-6777  Website: ct-aa.org

Alzheimer’s Dementia Caregivers  First Congregational Church
Phone: 203-300-4801

Ann’s Place  (Cancer support)  80 Saw Mill Road, Danbury
Phone: 203-790-6568  Website: annsplace.org

Bereavement Support Groups  RVNAhealth  27 Governor St.
Phone: 203-438-5555  Website: rvnahealth.org

LGBTQ+ Family Support Group
Email: supportgroup@ridgefieldctpride.com

Parkinson’s Patient & Caregiver Support Groups  RVNAhealth
Phone: 203-438-5555  Website: rvnahealth.org

SOCIAL GROUPS

American Legion  71 North Salem Road
Phone: 203-438-2012  Website: amlegionpost78.org

Lion’s Club
Phone: 203-438-0726  Website: ridgefieldlions.org

Marine Veteran’s of Fairfield County  31 Halpin Lane
Email: fairfieldctysmc@aol.com

Newcomer’s Club
Email: info@ridgefieldnewcomers.org  Website: ridgefieldnewcomers.org

OWLS- Older Wiser Livelier Set  Founders Hall
Phone: 203-431-7000

Ridgefield Men’s Club  First Congregational Church
Phone: 203-438-5737  Website: ridgefieldmensclub.org

Ridgefield Rotary Club
Phone: 203-431-2721  Website: ridgefieldrotary.org

Ridgefield Women’s Club
Email: rwcinbox@gmail.com  Website: rwc-ct.com
NEWSPAPERS, MAGAZINES & ONLINE RESOURCES

The Ridgefield Press  Website: theridgefieldpress.com
Phone: 203-330-6270
Print and digital formats

068 Magazine  Website: 068magazine.com
Magazine, delivered to your doorstep, devoted to telling the remarkable stories of the Ridgefield and Wilton communities

Events Calendar  Website: inridgefield.com

Facebook  Website: facebook.com
Various private groups related to Ridgefield include:
  ● Town of Ridgefield CT (Official FB page of the First Selectman)
  ● Ridgefield Economic & Community Development Commission
  ● inRidgefield
  ● Ridgefield CT
  ● Hello Ridgefield & Fairfield County
  ● Ridgefield CT Community Service Page
  ● Ridgefield Eats

Hamlet Hub  Website: news.hamlethub.com/ridgefield

Instagram  Website: instagram.com
Follow: @inridgefield

Ridgefield Daily Voice  Website: dailyvoice.com/connecticut/ridgefield

Ridgefield Patch  Website: patch.com/connecticut/ridgefield
## ENRICHMENT OPPORTUNITIES

<table>
<thead>
<tr>
<th>Organization</th>
<th>Address</th>
<th>Phone</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>ACT of CT</td>
<td>36 Old Quarry Rd</td>
<td>475-215-5497</td>
<td>actofct.org</td>
</tr>
<tr>
<td>Aldrich Contemporary Art Museum</td>
<td>258 Main St</td>
<td>203-438-4519</td>
<td>aldrichart.org</td>
</tr>
<tr>
<td>Bark Park Dog Park</td>
<td>58 Prospect Ridge Rd</td>
<td></td>
<td></td>
</tr>
<tr>
<td>CHIRP Concerts</td>
<td>Ballard Park</td>
<td></td>
<td>chirpct.org</td>
</tr>
<tr>
<td>Keeler Tavern Museum</td>
<td>152 Main St</td>
<td>203-438-5485</td>
<td>keelertavernmuseum.org</td>
</tr>
<tr>
<td>Lounsbury House</td>
<td>316 Main St</td>
<td>203-438-6962</td>
<td>lounsburyhouse.org</td>
</tr>
<tr>
<td>Prospector Theater</td>
<td>25 Prospect St</td>
<td>203-438-0136</td>
<td>prospectortheater.org</td>
</tr>
<tr>
<td>Ridgefield Chorale</td>
<td></td>
<td>877-815-5635</td>
<td>ridgefieldchorale.org</td>
</tr>
<tr>
<td>Ridgefield Golf Course</td>
<td>545 Ridgebury Rd</td>
<td>203-748-7008</td>
<td>ridgefieldgc.com</td>
</tr>
<tr>
<td>Ridgefield Guild of Artists</td>
<td>34 Halpin Lane</td>
<td>203-438-8863</td>
<td>rgoa.org</td>
</tr>
<tr>
<td>Ridgefield Historical Society</td>
<td>4 Sunset Lane</td>
<td>203-438-5821</td>
<td>ridgefieldhistoricalsociety.org</td>
</tr>
<tr>
<td>Ridgefield Playhouse</td>
<td>80 East Ridge Rd</td>
<td>203-438-5795</td>
<td>ridgefieldplayhouse.org</td>
</tr>
<tr>
<td>RPS Continuing Ed</td>
<td>70 Prospect St</td>
<td>203-431-2812</td>
<td>ridgefieldschools.org</td>
</tr>
<tr>
<td>Ridgefield Symphony Orchestra</td>
<td>90 East Ridge Rd</td>
<td>203-438-3889</td>
<td>ridgefieldsymphony.org</td>
</tr>
<tr>
<td>Ridgefield Theatre Barn</td>
<td>37 Halpin Lane</td>
<td>203-431-9850</td>
<td>ridgefieldtheaterbarn.org</td>
</tr>
<tr>
<td>RPAC Gallery</td>
<td>410 Main St</td>
<td>203-894-5609</td>
<td>rpacgallery.com</td>
</tr>
<tr>
<td>Thrown Stone Theatre</td>
<td>440 Main St</td>
<td>203-442-1714</td>
<td>thrownstone.org</td>
</tr>
<tr>
<td>Weir Farm National Historic Park</td>
<td>735 Nod Hill Rd, Wilton</td>
<td>203-834-1896</td>
<td>nps.gov/wefa</td>
</tr>
<tr>
<td>Western CT Youth Orchestra</td>
<td>77 Danbury Rd</td>
<td>203-894-8786</td>
<td>wcty.org</td>
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</table>
## ANNUAL TOWN EVENTS

<table>
<thead>
<tr>
<th>Month</th>
<th>Events</th>
</tr>
</thead>
<tbody>
<tr>
<td>January</td>
<td>Martin Luther King, Jr. Day Celebration</td>
</tr>
<tr>
<td>March</td>
<td>RVNAhealth Wellness Fair</td>
</tr>
<tr>
<td>April</td>
<td>Battle of Ridgefield Commemoration Activities</td>
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<td></td>
<td>Rid Litter Day</td>
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<tr>
<td>May</td>
<td>Ballard Green Plant Sale</td>
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<tr>
<td></td>
<td>Spring Stroll</td>
</tr>
<tr>
<td></td>
<td>RIFF: Ridgefield Independent Film Festival</td>
</tr>
<tr>
<td></td>
<td>Memorial Day Parade</td>
</tr>
<tr>
<td>June</td>
<td>Pride in the Park (Celebrating LGBTQ+ Community)</td>
</tr>
<tr>
<td></td>
<td>CHIRP Concerts</td>
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<tr>
<td></td>
<td>Make Music Day</td>
</tr>
<tr>
<td></td>
<td>Volunteer Fireman’s Carnival and Fireworks</td>
</tr>
<tr>
<td>July</td>
<td>CHIRP Concerts</td>
</tr>
<tr>
<td></td>
<td>Town Fireworks</td>
</tr>
<tr>
<td></td>
<td>Summer Fest</td>
</tr>
<tr>
<td>August</td>
<td>CHIRP Concerts</td>
</tr>
<tr>
<td></td>
<td>Art Walk</td>
</tr>
<tr>
<td>September</td>
<td>Art Walk</td>
</tr>
<tr>
<td>October</td>
<td>Fall in Love with Ridgefield</td>
</tr>
<tr>
<td></td>
<td>Halloween Walk</td>
</tr>
<tr>
<td>December</td>
<td>Holiday Stroll</td>
</tr>
</tbody>
</table>
HOUSES OF WORSHIP

Congregation Shir Shalom  46 Peaceable Street  
Phone: 203-438-6589  Website: ourshirshalom.org

First Church of Christ Scientist  260 Main Street  
Phone: 203-438-4780  Website: christiansciencect.org

First Congregational Church of Ridgefield  103 Main Street  
Phone: 203-438-8077  Website: firstcongregational.com

Jesse Lee Memorial United Methodist Church  207 Main Street  
Phone: 203-438-8791  Website: jesseleechurch.com

Ridgebury Congregational United Church of Christ  605 Ridgebury Rd  
Phone: 203-748-2806  Website: meetinghouse.life

Ridgefield Baptist  325 Danbury Road  
Phone: 203-438-5751  Website: ridgefieldbaptist.org

St. Andrew’s Lutheran (ELCA)  6 Ivy Hill Road  
Phone: 203-438-0606  Website: standrewselca.com

St. Elizabeth Seton Roman Catholic  520 Ridgebury Road  
Phone: 203-438-7292  Website: sesparish.org

St. Ignatius Retreat House  209 Tackora Trail  
Phone: 203-431-0201  Website: sspxridgefield.com

St. Mary Roman Catholic  55 Catoonah Street  
Phone: 203-438-6538  Website: smcr.org

St. Stephen’s Episcopal  353 Main Street  
Phone: 203-438-3789  Website: ststephensridgefield.org