

Ridgefield Directory of Senior Services



Special thanks to local artist, Paul Siegel, for the use of his beautiful [artwork](#) on our cover. Prints are available at Deborah Ann's Sweet Shoppe.



Dear Ridgefield Senior Citizens,

We have prepared this directory as an information resource for you.

There is no doubt about it, the Town of Ridgefield and several local non profit organizations provide a rich array of offerings tailored to make these the best years of your life!

Enjoy this directory, and don't be a stranger. Engage with others and make social connections a priority. You will find welcoming faces throughout our warm and inclusive community. If you need support, reach out to the resources listed. You will find many a helping hand standing by to assist you confidentially and respectfully.

This directory will be updated regularly. The latest version will be date-stamped and available on the Town website. If you see an error or omission, let us know. We will update it promptly.

With great respect and friendship,

The Ridgefield Commission on Aging 203-431-2700

Peter Bancel Andrea Beebe Steve Connor Maureen Culhane
Carmen Martin George Noyes Clem Saleeby Joseph Ternullo

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RIDGEFIELD “SENIOR CENTRAL”

Ridgefield senior citizens enjoy a plethora of programs and services. Those listed below deliver services, community-wide, daily. In most cases, one or more of these will be your initial point of inquiry for health, safety, and community activity matters:

Emergency Response Team

Ridgefield Police and Fire Departments **Phone: 911**

Police- Non-Emergency Phone: 203-438-6531

Fire- Non-Emergency Phone: 203-431-2724

Department of Social Services Located at Town Hall

Karen Gaudian- *Municipal Agent for the Elderly*

Phone: 203-431-2754 Email: municipalagent@ridgefieldct.org

Tony Phillips- *Social Services Director & Municipal Veterans Rep*

Phone: 203-431-2777 Email: socialservices@ridgefieldct.org

Provides free and confidential support that enables people to find the local resources they need, including crisis intervention and non-crisis assistance information and referral services for state and federal entitlement programs

Founders Hall 193 Danbury Road

Phone: 203-431-7000 Website: founders-hall.org

Hours: M-F 8:30AM to 4:30PM

Provides a diverse program of social, educational and physical fitness programs for seniors 60 and older

Meals on Wheels of Ridgefield

Phone: 203-438-8788 Website: mealsonwheelsofridgefield.org

Provides nourishing meals to those needing assistance

Parks and Recreation 195 Danbury Road

Phone: 203-431-2755 Website: ridgefieldparksandrec.org

Hours: M-F 6AM-10PM, Sat 6AM-6PM, Sun 7AM-6PM

Provides a wide range of high quality wellness and recreation programs, community service and park facilities

RIDGEFIELD “SENIOR CENTRAL” (continued)

Ridgefield Library 472 Main Street

Phone: 203-438-2282 Website: ridgefieldlibrary.org

Hours: M-Th 10AM-8PM F 10AM-6PM Sat 9AM-5PM Sun 1PM-5PM

Provides a large and varied collection of resources, diverse programming and welcoming space

RVNAhealth (Ridgefield Visiting Nurse Association) 27 Governor St.

Phone: 203-438-5555 Website: rvnahealth.org

Provides healthcare services and special programs, including:

Home Health - Skilled nurses and rehabilitation (PT, OT, speech) therapists

Community Health - Vaccines, chronic care management, screenings and education

Rehabilitation & Wellness Center - Outpatient rehabilitation and therapy programs

Parkinson's Center - Support, therapy, socialization, exercise, and wellness programs

Palliative & Hospice Care - Tailored care plans respecting patients' goals and desires

Private Duty Nursing - Private nurses for non-covered medical services

Personal Caregiving Services - For short or long-term durations and hygiene visits

Transportation Services

Provides free transportation to Ridgefield residents who are 65 years or older and to those with mobility disabilities

- **Rides for Ridgefield**

Phone: 203-894-RIDE (7433) Website: Rides4Ridgefield.org

Call Monday- Friday, 10:00 am – 2:00 PM and leave a message

Transportation provider alliance that schedules rides for appointments. Advanced reservations required.

- **SweetHART**

Phone: 203-744-4070 Website: HARTransit.com

Provides transportation within the community (advanced reservations and [application form](#) required)

- **Town Bus Loop**

Phone: 203-970-2505 Driver: Deborah

Website: ridgefieldct.org/community/pages/town-bus-loop

Picks up riders at various Ridgefield locations

Tuesday- Shopping in Danbury

Wednesday- Shopping, Library, Founders Hall in Ridgefield

SAFETY & HEALTH

Ridgefield Alerts

Website: member.everbridge.net/565703027458109/login

Sign up to receive critical information about emergencies and other important town information

Ridgefield Police Special Population Program

Phone: 203-438-6531 Website: ridgefieldct.org/police-department

Supply first responders with critical information to be used during an emergency [Information form](#)

“ARE YOU OK?”

Phone: 203-438-6777

Program sponsored and supported by the Ridgefield Women’s Club and the Ridgefield Firefighters’ Association offering a free service of daily telephone calls to check on safety of individuals over the age of 60 and to residents living alone who are homebound or medically disabled

Lifeline Medical Alert Service

Phone: 203-438-5555 Website: rvnahealth.org

Worn as a wristband or pendant, and featuring push button calling or auto-fall detection to summon help when you need it, day or night.

PhysicianOne Urgent Care 10 South Street, Suite 101

Phone: 203-431-4600 Website: physicianoneurgentcare.com

Hours: M-F 8AM -8PM Sat & Sun 9AM-5PM

PHARMACIES

Bissell	23 Governor St.	203-438-6433	bissellpharmacy.com Offers delivery service
CVS	467 Main St. 720 Branchville Rd.	203-431-8888 203-544-7094	cvs.com
Rite Aid	125 Danbury Rd.	203-438-7378	riteaid.com
Walgreens	46A Danbury Rd.	203-894-8744	walgreens.com

KEY DATES AND PHONE NUMBERS

1/1- 4/1	Elderly Tax Exemption (Age based)
1/1- 5/15	Senior Tax Deferral (Age/disability/income based)
2/1, 5/1, 8/1, 11/1	Quarterly Real Estate Tax Payments Due
2/1- 4/15	AARP Free Tax Preparation Program at Ridgefield Library Call Jon Elkow 203-438-4288 for appointment
3/1, 9/1	Sewer Tax Payments Due
4/1- 10/1	CT Renter Rebate (Age/disability/Income based)
Month of June	Dog License Renewals
7/1	Motor Vehicle Tax Payments Due
9/1- 5/31	CEAP Energy Assistance Program
10/15- 12/7	Medicare Open Enrollment CHOICES Counseling

First Selectman	203-431-2774
Housing Authority	203-438-9845
Mobile Food Pantry	203-431-2754
Tax Assessor	203-431-2706
Tax Collector	203-431-2779
Town Clerk	203-431-2783
Town Hall	203-431-2700
Veterans Affairs	203-797-4620

SENIOR DISCOUNTS

Ridgefield Senior Gold Card Program

Phone: 203-431-2700 Website: ridgefielddevelopment.com

For residents 65 years and older, register at Town Hall to receive your Gold Card and Benefits Booklet offering local discounts.

Ridgefield Hunting and Fishing Licenses

Phone: 203-431-2700 Website: ridgefieldct.org

For residents 65 years and older, apply at Town Hall to receive free lifetime fishing and hunting licenses.

American National Parks & Federal Recreation Lands Pass

Phone: 888-275-8747, press 3 Website: nps.gov/planyourvisit/senior-pass

A lifetime pass (\$80) for US citizens age 62 or over

Charter Oak Pass

Phone: 860-424-3200 Website: portal.ct.gov/DEEP/State-Parks

Provides free access to CT State Parks and Recreation System to CT residents 65 or older

Lifetime Learners Institute Norwalk Community College

Phone: 203-857-3330 Website: lifetimelearners.org

The State of CT offers tuition waivers to all CT citizens at least 62 years old at any state college, on a space-available basis.

Western Connecticut State University 181 White Street, Danbury

Phone: 203-837-9000 Website: wcsu.edu

Tuition waived for seniors age 62 and older, provided space is available

SUPPORT GROUPS

Alcoholics Anonymous CT District #9

Phone: 203-778-6777 Website: ct-aa.org

Alzheimer's Dementia Caregivers First Congregational Church

Phone: 203-300-4801

Ann's Place (Cancer support) 80 Saw Mill Road, Danbury

Phone: 203-790-6568 Website: annsplace.org

Bereavement Support Groups RVNAhealth 27 Governor St.

Phone: 203-438-5555 Website: rvnahealth.org

LGBTQ+ Family Support Group

Email: supportgroup@ridgefieldctpride.com

Parkinson's Patient & Caregiver Support Groups RVNAhealth

Phone: 203-438-5555 Website: rvnahealth.org

SOCIAL GROUPS

American Legion 71 North Salem Road

Phone: 203-438-2012 Website: amlegionpost78.org

Lion's Club

Phone: 203-438-0726 Website: ridgefieldlions.org

Marine Veteran's of Fairfield County 31 Halpin Lane

Email: fairfieldctyusmc@aol.com

Newcomer's Club

Email: info@ridgefieldnewcomers.org Website: ridgefieldnewcomers.org

OWLS- Older Wiser Livelier Set Founders Hall

Phone: 203-431-7000

Ridgefield Men's Club First Congregational Church

Phone: 203-438-5737 Website: ridgefieldmensclub.org

Ridgefield Rotary Club

Phone: 203-431-2721 Website: ridgefieldrotary.org

Ridgefield Women's Club

Email: rwcinbox@gmail.com Website: rwc-ct.com

NEWSPAPERS, MAGAZINES & ONLINE RESOURCES

The Ridgefield Press Website: theridgefieldpress.com

Phone: 203-330-6270

Print and digital formats

068 Magazine Website: 068magazine.com

Magazine, delivered to your doorstep, devoted to telling the remarkable stories of the Ridgefield and Wilton communities

Events Calendar Website: inridgefield.com

Facebook Website: facebook.com

Various private groups related to Ridgefield include:

- Town of Ridgefield CT (Official FB page of the First Selectman)
- Ridgefield Economic & Community Development Commission
- inRidgefield
- Ridgefield CT
- Hello Ridgefield & Fairfield County
- Ridgefield CT Community Service Page
- Ridgefield Eats

Hamlet Hub Website: news.hamlethub.com/ridgefield

Instagram Website: instagram.com

Follow: *@inridgefield*

Ridgefield Daily Voice Website: dailyvoice.com/connecticut/ridgefield

Ridgefield Patch Website: patch.com/connecticut/ridgefield

ENRICHMENT OPPORTUNITIES

ACT of CT	36 Old Quarry Rd	475-215-5497	actofct.org
Aldrich Contemporary Art Museum	258 Main St	203-438-4519	aldrichart.org
Bark Park Dog Park	58 Prospect Ridge Rd		
CHIRP Concerts	Ballard Park		chirpct.org
Keeler Tavern Museum	152 Main St	203-438-5485	keelertavernmuseum.org
Lounsbury House	316 Main St	203-438-6962	lounsburyhouse.org
Prospector Theater	25 Prospect St	203-438-0136	prospectortheater.org
Ridgefield Choral		877-815-5635	ridgefieldchorale.org
Ridgefield Golf Course	545 Ridgebury Rd	203-748-7008	ridgefieldgc.com
Ridgefield Guild of Artists	34 Halpin Lane	203-438-8863	rgoa.org
Ridgefield Historical Society	4 Sunset Lane	203-438-5821	ridgefieldhistoricalsociety.org
Ridgefield Playhouse	80 East Ridge Rd	203-438-5795	ridgefieldplayhouse.org
RPS Continuing Ed	70 Prospect St	203-431-2812	ridgefieldschools.org
Ridgefield Symphony Orchestra	90 East Ridge Rd	203-438-3889	ridgefieldsymphony.org
Ridgefield Theatre Barn	37 Halpin Lane	203-431-9850	ridgefieldtheaterbarn.org
RPAC Gallery	410 Main St	203-894-5609	rpacgallery.com
Thrown Stone Theatre	440 Main St	203-442-1714	thrownstone.org
Weir Farm National Historic Park	735 Nod Hill Rd, Wilton	203-834-1896	nps.gov/wefa
Western CT Youth Orchestra	77 Danbury Rd	203-894-8786	wcty.org

ANNUAL TOWN EVENTS

January	Martin Luther King, Jr. Day Celebration
March	RVNAhealth Wellness Fair
April	Battle of Ridgefield Commemoration Activities Rid Litter Day
May	Ballard Green Plant Sale Spring Stroll RIFF: Ridgefield Independent Film Festival Memorial Day Parade
June	Pride in the Park (Celebrating LGBTQ+ Community) CHIRP Concerts Make Music Day Volunteer Fireman's Carnival and Fireworks
July	CHIRP Concerts Town Fireworks Summer Fest
August	CHIRP Concerts Art Walk
September	Art Walk
October	Fall in Love with Ridgefield Halloween Walk
December	Holiday Stroll

HOUSES OF WORSHIP

Congregation Shir Shalom 46 Peaceable Street
Phone: 203-438-6589 Website: ourshirshalom.org

First Church of Christ Scientist 260 Main Street
Phone: 203-438-4780 Website: christiansciencect.org

First Congregational Church of Ridgefield 103 Main Street
Phone: 203-438-8077 Website: firstcongregational.com

Jesse Lee Memorial United Methodist Church 207 Main Street
Phone: 203-438-8791 Website: jesseleechurch.com

Ridgebury Congregational United Church of Christ 605 Ridgebury Rd
Phone: 203-748-2806 Website: meetinghouse.life

Ridgefield Baptist 325 Danbury Road
Phone: 203-438-5751 Website: ridgefieldbaptist.org

St. Andrew's Lutheran (ELCA) 6 Ivy Hill Road
Phone: 203-438-0606 Website: standrewselca.com

St. Elizabeth Seton Roman Catholic 520 Ridgebury Road
Phone: 203-438-7292 Website: sesparish.org

St. Ignatius Retreat House 209 Tackora Trail
Phone: 203-431-0201 Website: sspXRidgefield.com

St. Mary Roman Catholic 55 Catoonah Street
Phone: 203-438-6538 Website: smcr.org

St. Stephen's Episcopal 353 Main Street
Phone: 203-438-3789 Website: ststephensridgefield.org